

# SHOALHAVEN COMMUNITY TRANSPORT

A Division of Coast and Country Community Services Ltd.

SERVICE

Nowra (02) 4423 6044

Ulladulla (02) 4454 0840

## Service User Newsletter

January 2018

HAPPY  
NEW YEAR

Shoalhaven Community Transport is *proud* to say...

We've been providing quality transport services for over 30 years to people in the Shoalhaven area who are frail aged and those with a disability, their Carers and people who are transport-disadvantaged.

We are a registered NDIS Service Provider, and a division of Coast and Country Community Services Ltd., with service outlets in Nowra, Ulladulla, Young, Boorowa and Weddin.

Old Buses...

Remember these?



## My Aged Care - are you registered?

Are you over 65 (or over 50 if you are an Aboriginal or Torres Strait Islander)? You may be able to access other community services you need. My Aged Care is a central government agency to help people access services. Why not give them a call for assessment? My Aged Care - 1800 200 422.

Are you receiving help already with a Home Care Package? Please let us know so we can update your details.

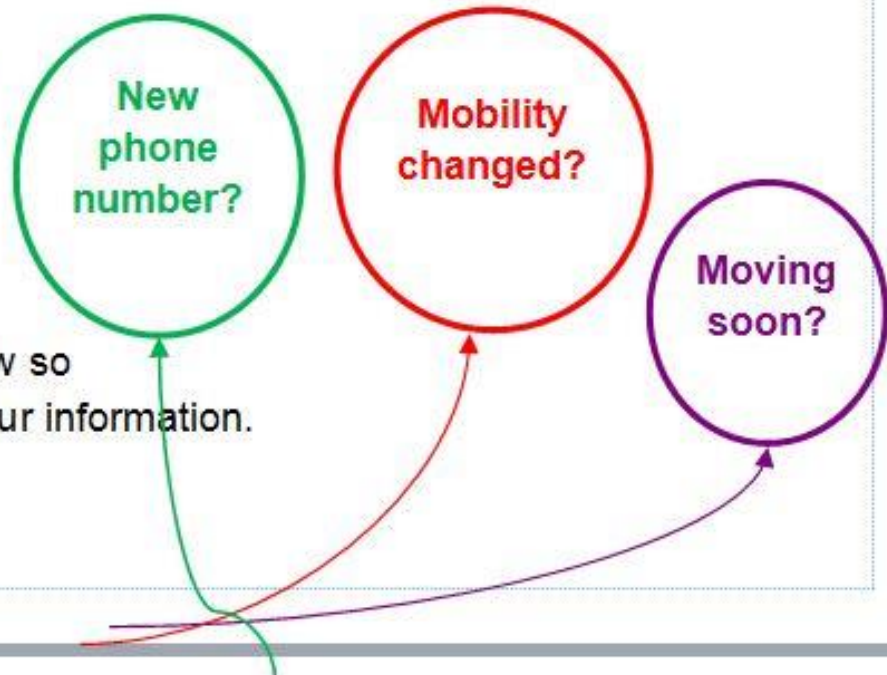
## National Disability Insurance Scheme (NDIS) Has your plan been approved?



We can help you with transport in your NDIS plan. We make it easy by visiting you at home to discuss your transport needs. Call and chat with one of our office team members if you'd like to arrange a visit or a meeting at our office. We'd love to see you!

Have you registered for NDIS? Remember to consider transport in your plan.

### What's new?



Please let us know so we can update your information.

## **Do You Travel With a Carer?**

When booking a trip with us, please remember to tell us if you need someone to travel with you as we schedule vehicles according to how many seats are required.

If you need to cancel your trip, please remember to tell us to cancel the trip for your Carer, too.

## **Need more information?**

We're always happy to speak with you about the services we offer. Please call us at any time for information.

We also have some wonderful volunteers who give up their time to promote our Service through visits to Health Professionals and groups, giving Promotional Talks.

Do you belong to a group or club whose members may be interested in having a guest speaker? Please call us at the Nowra Office – (02) 4423 6044.

***We don't just do Medical transport ...***

***We offer more services than you might expect!***

***Please call us for information, and to see if you're eligible.***

## **Shopping**

Do we take you shopping? In the best interests of you, our Team Members and our obligations to Work Health and Safety, we have a limit of 6 bags for your shopping. Please use environmentally friendly shopping bags for strength, and 'cooler bags' when buying cold items.



## Share your transport story!

Do you have a favourite trip or memory of Shoalhaven Community Transport you'd like to share? Let the driver or assistant know, or call our office; we'd love to hear it and share it with our readers.

### Just for Fun ...

Word Search - find the words relating to you and us!

Shoalhaven  
Volunteers  
Vehicle  
Nowra  
Drivers  
Falls Creek  
Callala  
Car  
River  
Beach  
Tour

Community  
Vincentia  
Outing  
NDIS  
Far  
Seatbelts  
Wheelchair  
Berry  
Lake  
Bus  
Service (x 2... because it's good!)

Transport  
Hoist  
Ulladulla  
Bumblebees  
Shopper  
Parma  
Safety  
Sea  
Gravel  
Bags

V	I	N	C	E	N	T	I	A	Z	L	A	K	E
H	S	H	O	A	L	H	A	V	E	N	M	E	L
O	S	U	M	B	S	C	E	C	I	V	R	E	S
I	U	L	M	A	H	E	I	A	E	S	A	R	E
S	B	L	U	G	O	L	A	H	B	R	P	C	E
T	R	A	N	S	P	O	R	T	E	E	I	S	B
L	B	D	I	R	P	U	W	L	R	V	A	L	E
E	E	U	T	E	E	T	O	U	R	I	L	L	L
B	A	L	Y	V	R	I	N	E	Y	R	A	A	B
T	C	L	S	I	D	N	S	A	L	D	L	F	M
A	H	A	L	R	L	G	R	A	V	E	L	A	U
E	V	O	L	U	N	T	E	E	R	S	A	R	B
S	R	I	A	H	C	L	E	E	H	W	C	A	R

And finally... My husband and I often laugh about how competitive we are ... *but I laugh more.*

